



## **SUNSET FAMILY KARATE**

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# **Student Creed**

- 1.** I intend to develop myself in a positive manner and avoid anything that could reduce my mental growth or my physical health.
  
- 2.** I intend to develop self-discipline in order to bring out the best in myself and others.
  
- 3.** I intend to use what I learn in class constructively and defensively: to help myself and my fellow human beings and never to be abusive or offensive.